

## Pre-Wash APPETISERS

Marinated Olives. <b>VG</b> <b>GF</b>	4.00
Garlic Dough Balls. <b>VG</b>	4.00
Hummus, Basil Oil, Flat Bread. <b>VG</b>	5.00
Garlic & Rosemary Pizza Bread. <b>VG</b>	5.50
<u>ADD</u> TOMATO <b>VG</b> 1.00	
<u>ADD</u> VEGAN MOZERELLA <b>VG</b> 1.00	
<u>ADD</u> TOMATO AND VEGAN MOZERELLA <b>VG</b> 1.50	

## Small Loads STARTERS

Cauliflower Wings. **VG** 6.50

CHOOSE FROM:

- BBQ - KOREAN - ORIENTAL ORANGE & GINGER

## Easy Care SALADS

Crunchy Thai Veg Salad. **VG** **GF** 10.00

CARROTS, CABBAGE, BEANSPROUTS, ROASTED SWEET CORN, CASHEW NUTS, ONION, CHILLI, APPLE, MINT, THAI BASIL LIME & SESAME DRESSING

Tricolore Salad. **VG** **GF** 11.00

HERITAGE TOMATOES, SLICED AVOCADO, FRESH BASIL, VEGAN MOZZARELLA, LEMON & HONEY DRESSING.

Vegan Goats Cheese & Peach Salad. **VG** **GF** 10.50

CHARGRILLED PEACH SALAD, MIXED LEAVES, CURRY CANDIED PECAN NUTS, APPLE CIDER DRESSING

## Hand Wash BURGERS

WITH VEGAN BUN, FRIES, BLOODY MARY KETCHUP.

Cauli KFC Burger. **VG** 12.50

CRISPY FRIED CAULIFLOWER, KRISPY KALE,

VEGAN CHEESE, BLOODY MARY KETCHUP.

(NOT AVAILABLE SUNDAYS)

BBQ Jackfruit Sandwich. **VG** 11.50

SMOKEY BBQ JACKFRUIT,

PICKLED GINGER & SESAME SLAW

Vegan Beyond Burger. **VG** 13.00

VEGAN "BEEF" PATTY, CRISPY LETTUCE, SLICED TOMATO,

MELTED CHEESE, SLICED GHERKINS, FAKE BACON JAM.

## Spin PIZZA

**TOMATO BASE** Margherita, Tomato, **VG** 8.50

Vegan Mozzarella, Basil, Basil Oil.

**TOMATO BASE** Vegan Goats Cheese, **VG** 12.00

Onion Jam, Roasted Peppers,

Rocket, Basil Oil.

**ALT. BASE** Beetroot Pesto, **VG** 10.50

Vegan Goats Cheese, Wilted Kale,

Fresh Parsley, Krispy Kale

Crispy Korean Cauliflower, **VG** 11.00

Korean BBQ Base,

Vegan Mozzarella,

Sriracha 'Tini' Sauce,

Micro Coriander.

**GF** GLUTEN FREE BASE AVAILABLE 1.50

## Extras DIPS

Curry Ketchup. **VG** 1.50

## Full Load MAINS

Chickpea Tagine. **VG** 10.50

SQUASH, AUBERGINE, APRICOT,

SWEET PEPPERS, POMEGRANIT SEEDS,

& TOASTED ALMOND, FLAT BREAD.

## Rinse SIDES

Fries. **VG** 3.50

CAJUN 0.50

Sweet Potato Fries. **VG** 4.00

CAJUN 0.50

Black Rice. **VG** 3.00

## Delicates DESSERT

Vegan Chocolate Brownie. **VG** **GF** 6.50

DARK CHOCOLATE, PEANUT BUTTER, SWEET POTATO.

Sorbet. **VG** 3.50

CHOOSE RASPBERRY OR MANGO

**VG** VEGAN **GF** GLUTEN FREE

PLEASE ADVISE US OF ANY ALLERGIES ALL OUR FOOD IS PREPARED FRESH IN OUR KITCHEN WHERE NUTS, SHELLFISH, GLUTEN & POSSIBLE ALLERGENS ARE HANDLED. PLEASE ASK FOR A FULL LIST OF INGREDIENTS & DIETARY INFORMATION.